

IYENGAR YOGA Zeeburg

2018

January 2018

Saturday	20-jan	10h45-16h45	teachertraining nr 5	
Sunday	21-jan	10h45-16h45	teachertraining nr 5	
Friday	26-jan	15h00-17h30	remedial work for teachers	teaching children and youngsters
Saturday	27-jan	10h45-16h45	saturday workshop	"mobility in stability", how do they work together
Sunday	28-jan	10h45-16h45	Intermediate Junior tr. nr 1	

February 2018

Saturday	10-feb	10h45-16h45	teachertraining nr 6	
Sunday	11-feb	10h45-16h45	teachertraining nr 6	
Saturday	17-feb	10h45-13h45	3-hour workshop	sequencing/linking asanas
Saturday	17-feb	15h00-17h30	remedial work for teachers	fatigue and depression
Sunday	18-feb	10h45-16h45	Intermediate Junior tr. nr 2	

March 2018

Saturday	10-mrt	10h45-16h45	teachertraining nr 7	
Sunday	11-mrt	10h45-16h45	teachertraining nr 7	
Friday	16-mrt	15h00-17h30	remedial work for teachers	how to build up after pregnancy (post-partum)
Saturday	17-mrt	10h45-16h45	saturday workshop	women's intensive
Sunday	18-mrt	10h45-16h45	Intermediate Junior tr. nr 3	

April 2018

Saturday	07-apr	10h45-16h45	teachertraining nr 8	
Sunday	08-apr	10h45-16h45	teachertraining nr 8	mock assessment
Saturday	14-apr	10h45-13h45	3-hour workshop	shoulders & neck
Saturday	14-apr	15h00-17h30	remedial work for teachers	upper back, shoulders & neck
Sunday	15-apr	10h45-16h45	Intermediate Junior tr. nr 4	

May 2018

Saturday	12-mei	10h45-16h45	teachertraining nr 9	
Sunday	13-mei	10h45-16h45	teachertraining nr 9	
Saturday	19-mei	10h45-16h45	Intermediate Junior tr. nr 5	
<i>Thursday May 24 - Sunday May 27 IYVN Convention with Abhijata</i>				

June 2018

Saturday	02-jun	10h45-16h45	teachertraining nr 10	
Sunday	03-jun	10h45-16h45	teachertraining nr 10	
Saturday	16-jun	10h45-13h45	3-hour workshop	pranayama
Saturday	16-jun	15h00-17h30	remedial work for teachers	heart & lungs
Sunday	17-jun	10h45-16h45	Intermediate Junior tr. nr 6	mock assessment

Thursday June .. - Sunday June .. Introductory Exams

Friday	29-jun	10h45-16h45	EXTRA 3-day Interm. Junior tr.	day 1
Saturday	30-jun	10h45-16h45	EXTRA 3-day Interm. Junior tr.	day 2

July 2018

Sunday	01-jul	10h45-16h45	EXTRA 3-day Interm. Junior tr.	day 3
<i>Tuesday July 10 - Sunday July 15</i>			6-day workshop	SUMMERINTENSIVE