

IYENGAR YOGA Zeeburg

2018

gewijzigd

September

Sunday	23-sep	10h45-16h45	Interm. Junior training nr 7
Saturday	29-sep	10h45-16h45	teachertraining nr 1
Sunday	30-sep	10h45-16h45	teachertraining nr 1

October

Saturday	06-okt	10h45-16h45	Saturday workshop	Ayurveda 2
Sunday	07-okt	10h45-16h45	Interm. Junior training nr 8	
Saturday	13-okt	10h45-16h45	Saturday workshop	Yoga Kurunta (ropes)
Saturday	20-okt	10h45-16h45	teachertraining nr 2	
Sunday	21-okt	10h45-16h45	teachertraining nr 2	intern proefexamen

November

Saturday	03-nov	10h45-13h45	3-hour workshop	hip-openers
Saturday	03-nov	15h00-17h30	remedial work for teachers	hips and knees
Sunday	04-nov	10h45-16h45	Interm. Junior training nr 9	
Saturday	10-nov	10h45-16h45	teachertraining nr 3	
Sunday	11-nov	10h45-16h45	teachertraining nr 3	
<i>November 16-18</i>			<i>Intermediate Junior Exams</i>	
Sunday	25-nov	10h45-16h45	Sunday workshop	optie Ayurveda 3

December

Saturday	01-dec	10h45-16h45	teachertraining nr 4	
Sunday	02-dec	10h45-16h45	teachertraining nr 4	
Friday	14-dec		<i>birthday of B.K.S. Iyengar</i>	celebration 100 year
<i>Thursday 27 - Monday 31 dec</i>			Christmasworkshop	

+31(0)6-25471615 . iyengaryogazeeburg.nl . info@iyengaryogazeeburg.nl