

# IYENGAR YOGA Zeeburg

2017

## September

Sunday	03-sep	10h45-16h45	Interm. Junior training nr 8	trial assessment
Saturday	23-sep	10h45-16h45	teachertraining nr 1	
Sunday	24-sep	10h45-16h45	teachertraining nr 1	

## October

Saturday	07-okt	10h45-13h45	3-hour workshop	<b>restorative</b>
Sunday	08-okt	14h00-16h30	remedial work for teachers	<b>hips &amp; knees</b>
Sunday	15-okt	10h45-16h45	Interm. Junior training nr 9	
Saturday	21-okt	10h45-16h45	teachertraining nr 2	
Sunday	22-okt	10h45-16h45	teachertraining nr 2	intern proefexamen

## November

Friday	03-nov	15h00-17h30	remedial work for teachers	<b>burn-out</b>
Saturday	04-nov	10h45-16h45	saturday workshop	<b>twists &amp; armbalancings</b>
Saturday	11-nov	10h45-16h45	teachertraining nr 3	
Sunday	12-nov	10h45-16h45	teachertraining nr 3	

*November 16-19*

*Intermediate Junior Exams*

## December

Saturday	09-dec	10h45-13h45	3-hour workshop	<b>backbends</b>
Thursday	14-dec		<i>birthday of B.K.S. Iyengar</i>	
Friday	15-dec	15h00-17h30	remedial work for teachers	<b>problems with the breath</b>
Saturday	16-dec	10h45-16h45	teachertraining nr 4	
Sunday	17-dec	10h45-16h45	teachertraining nr 4	
<i>Wednesday 27 - Sunday 31 dec</i>			Christmasworkshop	

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