

IYENGAR YOGA Zeeburg 2018 gewijzigd

September

Saturday	15-sep	10h45-13h45	3-hour workshop	<i>series restorative workshops 1</i> <i>teacher Patrizia Semperboni</i>
Sunday	23-sep	10h45-16h45	Interm. Junior training nr 7	
Saturday	29-sep	10h45-16h45	teachertraining nr 1	
Sunday	30-sep	10h45-16h45	teachertraining nr 1	

October

Saturday	06-okt	10h45-15h00	Saturday workshop	<i>Ayurveda 2</i> <i>teacher Cristina Libanori</i>
Sunday	07-okt	10h45-16h45	Interm. Junior training nr 8	
Saturday	13-okt	10h45-16h45	Saturday workshop	Yoga Kurunta (ropes)
Sunday	14-okt	11h00-17h00	ws van Marike & Elsbeth	drieluik "Yoga en schrijven 1"
Saturday	20-okt	10h45-16h45	teachertraining nr 2	
Sunday	21-okt	10h45-16h45	teachertraining nr 2	intern proefexamen

November

Saturday	03-nov	10h45-13h45	3-hour workshop	hip-openers
Saturday	03-nov	15h00-17h30	remedial work for teachers	hips and knees
Sunday	04-nov	10h45-16h45	Interm. Junior training nr 9	
Saturday	10-nov	10h45-16h45	teachertraining nr 3	
Sunday	11-nov	10h45-16h45	teachertraining nr 3	
Saturday	17-nov	10h45-13h45	3-hour workshop	<i>series restorative workshops 2</i> <i>teacher Patrizia Semperboni</i>
<i>November 16-18</i>			<i>Intermediate Junior Exams</i>	
Sunday	24-nov	11h00-17h00	ws van Marike & Elsbeth	drieluik "Yoga en schrijven 2"
Sunday	25-nov	10h45-15h00	Sunday workshop	<i>Ayurveda 3</i> <i>teacher Cristina Libanori</i>

December

Saturday	01-dec	10h45-16h45	teachertraining nr 4	
Sunday	02-dec	10h45-16h45	teachertraining nr 4	
Friday	14-dec		<i>birthday of B.K.S. Iyengar</i>	celebration 100 year
Sunday	16-dec	11h00-17h00	ws van Marike & Elsbeth	drieluik "Yoga en schrijven 3"
<i>Thursday 27 - Monday 31 dec</i>			Christmasworkshop	