## IYENGAR YOGA Zeeburg

Remedial Work for Teachers

KNSM-laan 303 Amsterdam



## Helping a student with a complaint or special condition

Once a month on Friday 15.00-17.30

Tuition fee € 25,-English spoken

Enrollment by email or in the studio

Jan 13 Neck & shoulders

Feb 10 Pregnancy and postpartum

Mar 10 April 21 Menopauze

April 7 Chronic fatigue

June 9 Headache/migraine

Extra training for teachers: how do you approach a student with a complaint or how do you design a practice program for a special time in life? You learn a lot more about anatomy or about diseases, appropriate sequences and the precise use of props.